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Quality education and opportunity for all students to succeed

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January 29, 2020

Dear Parents/Guardians & Staff,

The 2019-2020 flu season has been complicated by recent reports of a novel coronavirus (2019 n CoV). Coronaviruses are a large family of viruses. Common symptoms in an infected person include a fever, cough, and shortness of breath or difficulty breathing. Although there have been reported cases of novel coronavirus globally, to date, **there have been no reported coronavirus cases in San Diego County, but two cases (one in Los Angeles County and one in Orange County) have been reported in California. The CDC has said the current risk of local transmission is low.**

The Centers for Disease Control and Prevention (CDC) offer these tips to prevent 2019 n CoV:

- Avoid close contact with sick people
- Frequent handwashing with soap
- Stay at home if you are experiencing flu-like symptoms
- Avoid touching your eyes, nose, and mouth
- Individuals with chronic issues and/or individuals experiencing severe symptoms should be evaluated by a medical professional
- Call before going to your health care facility

San Ysidro School District will continue to monitor the situation and obtain updates from the California Department of Public Health and local health officials about the diagnosis and management of cases of novel coronavirus, as applicable. People who have traveled to Wuhan City, Hubei Province China since Dec. 1, 2019, could have been exposed to the virus. Seek medical care if you traveled to Wuhan and develop a fever and/or respiratory symptoms within 14 days of your return.

If you have questions about these topics, please contact District School Nurse at 619-428-4476 Ext. 3097. We thank you for your cooperation and support.

Sincerely,

Anita Gillchrest, RN
San Ysidro District School Nurse